

## CLASS 2

MONTH	PERIOD	LESSON	SKILL	TEACHING METHODOLOGY	ACTIVITY PROJECT	TEACHING AID	ASSESSMENT	LEARNING OUT COME
Apr	12	Warming up & Stretching Exercise	How to warm your body	By Part & Continue		Whistle Ground	Performance by Students	Develop Co-Ordination & Flexibility
May	12	Basic fundamental skill of games(old & new games)	Co-Ordination	By Part & Continue	Old games( <b>Punjabi</b> ) How our Body	Whistle Ground	Performance by Students	Develop Co-Ordination & Flexibility
July	12	Basic Fundamental at line formation	Co-Ordination	By Part & Continue		Whistle Ground	Performance by Students	Increase Co-Ordination
Aug	12	Health Tips and running & jumping exercise	improve our health	By Part & Continue	Funny Bunny ( <b>English</b> ) पहले में पहले ( <b>Hindi</b> )	Whistle Ground	Performance by Students	Increase Strength
Sep	12	Warming up & stretching exercise	How to warm your body	By Part & Continue		Whistle Ground	Performance by Students	Increase Strength
Oct	12	Physical fitness and running events	All over development	By Part & Continue	The Mumbai Musician (English) अध्यापक की सीख	Whistle Ground	Performance by Students	Increase Strength

Nov	12	Physical fitness catching and	Co-Ordination	By Part & Continue	Safety Rules (EVS)	Whistle Ground	Performance by Students	Increase Strength
Dec	12	Know about Props	Mental ability	By Part & Continue	Shapes (Math)	Whistle Ground	Performance by	Mental Ability
Jan		<b>Exam</b>						